**Address the following:  
• Briefly explain the neurobiological basis for PTSD illness.**

**• Discuss the DSM-5-TR diagnostic criteria for PTSD and relate these criteria to the symptomology presented in the case study.**

* **Does the video case presentation provide sufficient information to derive a PTSD diagnosis?**
* **Justify your reasoning.**
* **Do you agree with the other diagnoses in the case presentation?**
* **Why or why not?**
* **Discuss one other psychotherapy treatment option for the client in this case study.**
* **Explain whether your treatment option is considered a “gold standard" treatment from a clinical practice guideline perspective, and why using gold standard, evidence-based treatments from clinical practice guidelines is important for psychiatric-mental health nurse practitioners.**
* **Support your approach with specific examples from this week's media.**
* Support your response with specific examples **from this week’s media.**
* At **least three peer-reviewed,** evidence-based sources.
* **Explain why each of your supporting sources is considered scholarly**. Attach **the PDFs of your sources.**

***Note:****The School of Nursing requires that all papers submitted include a title page, introduction, summary, and references.*

* **RESOURCES**

<https://www.apa.org/ptsd-guideline>

https://content.waldenu.edu/content/dam/laureate/laureate-academics/wal/ms-nurs/nrnp-6645/week-09/SAMHSA\_Trauma.pdf

<https://content.waldenu.edu/content/dam/laureate/laureate-academics/wal/ms-nurs/nrnp-6645/week-09/Tye%20Preclinical%20Perspectives.pdf>

Wheeler, K. (Ed.). (2020). *Psychotherapy for the advanced practice psychiatric nurse: A how-to guide for evidence-based practice* (3rd ed.). Springer Publishing.

* Chapter 3, “Assessment and Diagnosis” (Previously read in Week 2)
* Chapter 7, “Eye Movement Desensitization and Reprocessing Therapy”
* Chapter 11, “Trauma Resiliency Model Therapy”
* Chapter 15, “Trauma-Informed Medication Management”
* Chapter 17, “Stabilization for Trauma and Dissociation”
* Chapter 18, “Dialectical Behavior Therapy for Complex Trauma”

REQUIRED MEDIAS

<https://www.youtube.com/watch?v=RkSv_zPH-M4>

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/ptsd-and-veterans-a-conversation-with-dr-frank-ochberg>

https://www.youtube.com/watch?v=o98ilXH5gto