*Select an ethnic minority group that is represented in the United States (American Indian/Alaskan Native, Asian American, Black/African American, Hispanic/Latino, Native Hawaiian, or Pacific Islander). Using health information available from Healthy People, the CDC, and other relevant government websites, analyze the health status of this group.*

*In a paper of 1,000-1,250 words, compare and contrast the health status of your selected minority group to the national average. Include the following:*

1. *Describe the ethnic minority group selected. Describe the current health status of this group. How do race and ethnicity influence health for this group?*
2. *What are the health disparities that exist for this group? What are the nutritional challenges for this group?*
3. *Discuss the barriers to health for this group resulting from culture, socioeconomics, education, and sociopolitical factors.*
4. *What health promotion activities are often practiced by this group?*
5. *Describe at least one approach using the three levels of health promotion prevention (primary, secondary, and tertiary) that is likely to be the most effective in a care plan given the unique needs of the minority group you have selected. Provide an explanation of why it might be the most effective choice.*
6. *What cultural beliefs or practices must be considered when creating a care plan? What cultural theory or model would be best to support culturally competent health promotion for this population? Why?*

*Cite at least three peer-reviewed or scholarly sources to complete this assignment. Sources should be published within the last 5 years and appropriate for the assignment criteria and public health content.*

*Prepare this assignment according to the guidelines found in the APA Style Guide, located in the Student Success Center.*