Nursing paper:

Module: NU1047: Therapeutic Interpersonal Skills for Nursing Practice & Psychology for Healthcare

Essay (reflection) topic: Listening Skills (100mrks)

Question:

Reflect on a communication encounter you had with one other person (patient/client) during your clinical placement where you drew on your listening skills to convey understanding to a patient/client as a student nurse.

Lecturer instructions: Essay must be 1500 words.

Begin by giving a brief description of this encounter which you had with a patient/client (200 words) .

Please address the following questions (200 words)

 What was my role in the encounter?

 Did I feel comfortable or uncomfortable? Why?

 What skills did I draw on? How did I convey or not convey my understanding to this patient/client during this encounter!

On reflection (350 words):

 Were my listening skills appropriate? And could I have improved my listening

skills in this encounter?

 What knowledge from theory and research (nursing and psychology) did I draw from, or could I draw from in future, to help me become more effective in my use of listening skills to convey understanding?(ie.Peplau,Watson ,Egan,Rogers,others)

 How has my experience of the encounter changed my way of thinking about

listening and how to convey understanding to patients/clients?

What have I learnt, about myself as a student nurse, from this encounter (750 words)

1. Myself (my thinking, feeling, behaviours)?

2. My communication skills?

3. My knowledge, understanding and application of psychological

/nursing/midwifery knowledge to practice (listening skills)?

4. What knowledge and skills do I need to work on to further improve my

communication skills for nursing practice?

5. What was my overall learning from engaging in this reflective project?

Points for students to consider:

1. Please note that this reflective project is asking you about your own personal and professional learning experiences.

Guidelines:

a) Ensure that you maintain confidentiality throughout and that you use pseudonyms

when referring to all people except yourself or to authors you are referring to.

b) Do not include any identifying information e.g., name of hospital, ward, unit etc.

c) Write in the first person when referring to oneself

d) Use third person when drawing on psychological/nursing theory/research/literature

note : this must be a one to one encounter where you were the main listener

(NOTE : I DID MY clinical work experience PLACEMENT IN AN INTELLECTUAL DISABILITY SETTINGS)

Include reference list (harvard style )

no Plagiarism